



Carne – We use only the freshest cuts of meat, sourced from local suppliers

FILETTO DI MANZO £17.95

Eight ounces of tender fillet steak, cooked to your personal preference, and served with sautéed mushrooms, grilled tomatoes, chips and salad

FILETTO MONTANARO £17.95

Eight ounces of lean fillet steak, smothered in a dolcelate, white wine and mushroom sauce, served with sautéed potatoes and seasonal vegetables

FILETTO AL PEPE NERO £18.95

Classic peppered fillet steak, served with sautéed potatoes and seasonal vegetables

SCALOPPINE ALLA PIZZAIOLA £13.95

Prime – cut veal fillets, sautéed in our Napoli sauce, with black olives and capers. Served with sautéed potatoes and seasonal vegetables

SCALOPPINE ALLA MILANESE £12.95

Prime – cut veal fillets, coated in fresh breadcrumbs, lightly pan – fried and served on a bed of spaghetti pomodoro

SALTIMBOCCA ALLA ROMANA £13.95

Sauteed veal fillets in a sweet marsala wine and sage reduction on a bed of potato and baby spinach, crowned with parma ham and parmesan shavings

POLLO FUNGHI E CREMA £10.95

Supreme of chicken, pan – fried in a mushroom and cream sauce. Served with sautéed potatoes and seasonal vegetables

POLLO PICCANTE £10.95

Corn – fed supreme of chicken with fried chilli, garlic and peppers in a tomato sauce. Served with sautéed potatoes and seasonal vegetables

Pesce – Our daily changing fish courses are sourced from local suppliers and freshly prepared on the premises. Please ask your server for our fish specials of the day

COZZE MARINARA

STARTER £5.50 MAIN £9.75

Fresh, juicy and tender mussels, enhanced with your choice of sauce;

In Bianco – White wine, roasted garlic and cream

Alla Napoletana – Roasted garlic, tomato and fresh chilli

GAMBERONI ALLA GRIGLIA £10.95

Eight succulent king prawns, pan – roasted in fresh chilli, lime and garlic. Served on a bed of mixed leaves

FISH PIE £8.95

An assortment of locally caught fish, smothered in a creamy béchamel sauce, and topped with sliced potato and cheese

Sides

GARLIC BREAD £2.50

GARLIC BREAD TOPPED WITH MOZZARELLA £2.95

MIXED SIDE SALAD £2.75

GRILLED MEDITERRANEAN VEGETABLES £3.50

CHIPS £2.50

Desserts - Calories schmalories. Come to an end of your meal in real style with one of our scrumptious desserts

TIRAMISU £4.50

A traditional Italian favourite, made with brandy, coffee and creamy mascarpone

TORTA DI LIMONE £4.50

A light, tangy and delicious lemon tart served with a creamy citrus fool

ZABAGLIONE £4.50

Marsala egg custard foam, with an Italian sweet biscuit

TORTA ALLA BANANA £4.50

Banoffee Pie with fresh whipped cream

HOT CHOCOLATE BROWNIE £4.50

Our ever – popular brownie comes smothered in chocolate sauce and topped with white chocolate ice cream

PESCHE AL VINO ROSSO £4.25

Temptingly sweet poached peaches in red wine with a spoon of Chantilly cream

ASSORTIMENTO DI GELATI £3.95

Assortment of specialist ice cream

Sunday Lunch – Available every Sunday from 12pm until 5pm

Gio's
ITALIAN RESTAURANT

Antipasti means 'before the meal'. So here are just a few things to get your taste buds going

FUNGHI TRIFOLATI £4.25

A mixed selection of flavoursome mushrooms, sautéed to perfection in garlic and fresh herbs

ARANCINI SICILIANI £4.50

Two Homemade Sicilian risotto balls. One filled with mozzarella and basil, one with Bolognese sauce, served with a mild chilli sauce

BRUSCHETTA MEDITERRANEA £3.95

Delicately toasted slices of bread, lightly brushed with olive oil and garlic, topped with flavour – packed cherry tomatoes and fresh basil

ANTIPASTO CRUDO ALLA CARNEVALE £9.95

A selection of the finest Italian meats and cheeses, served with mixed olives, pesto dressing, and home – made foccacia

CALAMARI FRITTI £4.75

Ocean – fresh calamari rings, dusted in flour and deep fried. Accompanied with garlic mayonnaise

MINISTRA DEL GIORNO £3.95

Soup of the Day served with sliced foccacia

POLPETTE SICILIANE £4.25

Home – made Sicilian meatballs, smothered in a traditional Napoli sauce

BIANCHETTI FRITTI £4.75

A generous portion of whitebait, floured and deep – fried, with lemon slices and paprika to garnish

BRESAOLA DI MANZO £4.75

Fine slices of bresaola layered over a bed of rocket and scattered with shavings of parmesan

ASPARAGI IN CASSERUOLA £5.95

Tender spears of asparagus, pan – fried in mint, butter and pancetta, topped with fresh parmesan

Insalate – Boring salads are, well boring, so we make ours tasty and fresh

CAESAR £5.50

Crunchy, fresh cos lettuce, with crispy croutons and our own Caesar dressing, topped with parmesan shavings

CAESAR WITH GRILLED CHICKEN £6.75

CAPRESE £5.25

A simple Italian classic, combining buffalo mozzarella, tomato and fresh basil leaves, drizzled with extra – virgin olive oil

NIZZARDA £5.95

A perfect balance of tuna, french beans, potato, egg and torn basil leaves, complemented by our house dressing

FAGIOLI £5.95

A traditional rustic dish with borlotti and cannellini beans, tuna and onions, bound in an olive oil dressing

POLLO E PANCETTA £6.95

Succulent strips of chicken and crispy pancetta scattered through a salad of mixed leaves, red onion, tomato and olives. With our house dressing to perfect this fabulous dish

Pizza – All of our pizzas are freshly prepared in-house with the finest italian ingredients and stone baked to perfection.

MARGHERITA £4.95

Tomato sauce, mozzarella and fresh basil

NAPOLETANA £6.25

Tomato sauce, mozzarella, fresh anchovies, capers and olives

FUNGHI £5.95

Tomato sauce, mozzarella, mushrooms and herbs

QUATTRO FORMAGGI £6.50

Tomato sauce, Provolone, Dolchelatte, Mozzarella and Taleggio

GALLIPOLO £6.25

Tomato sauce, mozzarella, roasted vegetables, sundried tomatoes and fresh rosemary

FIorentINA £6.25

Tomato sauce, mozzarella, baby spinach, grana padano, black olives and fresh egg

FUNGHI E PROCIUTTO COTTO £6.75

Tomato sauce, mozzarella, mushrooms and cooked ham

SFIZIOSA £7.25

Tomato sauce, mozzarella, salami and peppers

PICCANTE £7.95

Tomato sauce, mozzarella, Italian sausage, fresh chilli, onions and capers

SALUMIERE £8.50

Tomato sauce, mozzarella and a variety of Italian meats

SPUMA DI MARE £8.25

Tomato sauce, mozzarella and a selection of seafood

NETTUNO £7.95

Tomato sauce, mozzarella, tuna, onions and black olives

CALZONE PUGLIESE £7.95

Folded pizza with mozzarella, mushrooms, ham and artichoke topped with tomato sauce

CALZONE VEGETARIANO £6.95

Folded pizza with roasted peppers, mozzarella, black olives and mushrooms topped with tomato sauce

GIOS £8.95

Green pesto, béchamel sauce, pine nuts, sundried tomatoes, black olives and provolone cheese

PAGLIARO £6.95

Tomato sauce, Roasted garlic, sundried tomatoes, mozzarella and fresh basil

VERDI £8.95

Green pesto, béchamel sauce, mozzarella, asparagus and artichokes

Pasta – we don't think pasta should be ready before you are, which is why we cook ours to order and not a minute before. The choice of pasta is yours. Spaghetti, Tagliatelle or Penne

POMODORO £4.95

Our perfect pasta sauce, with Italian plum tomatoes, roasted garlic and freshly chopped basil

PUTTANESCA £5.95

Roasted garlic, tomatoes, anchovies, olives and capers, with just a touch of fresh chilli

BOLOGNESE £6.95

Sweet vine tomatoes with the finest lean mince, embellished with a touch of parmesan

CARBONARA £6.95

Authentic pancetta ham, cream and egg, tossed together with fresh parmesan shavings. A mouth – watering classic

POLLO E MASCARPONE £ 7.95

Tender chicken breast with smooth mascarpone cheese, spinach and fresh parmesan combine to delight the tasebuds

POLPETTE £7.50

Home – made hearty meatballs, slow – cooked in a traditional Napoli sauce

MARINARA £8.50

Fresh, succulent king prawns, mussels and calamari, tossed together with a dash of white wine and roasted garlic, finished with our rich, authentic tomato sauce

DIAVOLA £7.95

Spicy Italian sausage, fresh chilli, garlic and black olives, through a tomato and cream sauce. A fiery favourite

PESTO £5.95

Our special house pesto, mixed with fresh parmesan and cream. Light and delicious

GAMBERONI £10.95

A giant helping of king prawns, cooked in garlic, tomato and cream, and a touch of fresh chilli

Lasagne

ALL' EMILIANA £6.95

Layers of Italian pasta filled with Bolognese and creamy béchamel, all topped with mozzarella and parmesan, then oven – baked to perfection

VEGETARIANE £6.75

Layers of Italian pasta filled with sautéed mixed mushrooms, creamy Napoli sauce, fresh spinach and béchamel. Oven – baked and topped with fresh parmesan.

Risotto - One of the all-time Italian classics, risotto is now a popular choice worldwide and when its cooked authentically like we do it is truly fabulous

MILANESE £6.95

Saffron strands and fresh garden peas cooked through with white wine and parmesan

AI FUNGHI £6.95

Prized Italian porcini and pecorino, with a touch of cream

AL POLLO £7.95

Succulent breast of chicken in a luscious white wine and broccoli sauce